



Effizienz der Fehlbildungsdetektion im 1. Trimenon Diagnostische Funktionen Was, wann, wieso?

Peter Kozlowski
praenatal.de

Pränatal allround
Dortmund 25. November 2017



Zusatzuntersuchungen	Screening nach Mutterschaftsrichtlinien	additives Screening (auf Wunsch)
Risikoanamnese Risikobefund auffälliger US	Beratung über Screening nach Mutterschaftsrichtlinien	opportunistisches (unorganisiertes) Screening
Feindiagnostik 1. Trimenon	US-Screening 1 8+0 bis 11+6	Feindiagnostik 11+6 bis 13+0
		Aneuploidie PE-Screening
		freies β-HCG PAPP-A PLGF
CVS AC		> 1:100 oder auffällig inter- mediär < 1: 1000
Feindiagnostik 2. Trimenon	US-Screening 2/2b 18+0 bis 21+6	NIPT
	US-Screening 3 28+0 bis 31+6	Feindiagnostik 20+0 bis 21+6

Abb. 1 Übersicht über sonografische Untersuchungen, genetisches Screening und diagnostische Punktionen im 1. und 2./3. Trimenon. AC: Amniozentese, CVS: Chorionzottenbiopsie, NIPT: Nicht invasiver pränataler Test, US: Ultraschall, PE-Screening: Screening auf Praeeklampsie.



Qualitätsanforderungen an die weiterführende differenzierte Ultraschalluntersuchung in der pränatalen Diagnostik (DEGUM-Stufen II und III) im Zeitraum 11–13⁺⁶ Schwangerschaftswochen

Quality Requirements for early Fetal Ultrasound Assessment at 11–13⁺⁶ Weeks of Gestation (DEGUM Levels II and III)

Authors

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Affiliations

Die Institutsangaben sind am Ende des Beitrags gelistet.

v Kaisenberg UiM 2016

Tab. 4 Sonografische Standardeinstellungen der fetalen Anatomie- und optionale Parameter [42 – 45].

	Standardparameter	optionale Parameter
Schädel/ Gehirn	Kalotte, Falx cerebri, Plexus chorioidei	Intrakranielle Transparenz IT Hirnstamm
Gesicht	Profil	Augen, Kiefer, Lippen
Nacken	Nackentransparenz (NT) ¹	Nasenbein (NB) ¹
Wirbel- säule		Kontur
Herz/ Thorax	Lage, Kontur Vierkammerblick Lungen	Ausflusstrakte in Farbe Drei-Gefäß-Trachea-Blick Trikuspidalklappenfluss (TR) ¹
Abdo- men	Magen Bauchwand	Zwerchfell Ductus venosus Fluss (DV) ¹ NS Arterien bds. der Harnblase
Extremi- täten	Arme und Beine	Hände und Füße (Femur Tibia Fibula Humerus Radius Ulna)
Urogeni- taltrakt	Harnblase	Nieren
Plazenta	Chorionizität, Amnionizi- tät (Mehrlinge), Struktur	Lage, Ansatz der Nabelschnur Aa. uterinae ¹

Tab. 3 Sonografische Standardbiometrie- und optionale Parameter.

Standardparameter	optionale Parameter
Scheitel-Steiß-Länge (SSL)	
biparietaler Durchmesser (BPD)	Kopf- und Abdomenumfang (KU, AU), Femurlänge (FL)
Nackentransparenz (NT) ¹	Nasenbein (NB) ¹
	intrakranielle Transparenz (IT)/ Hirnstamm
	Herzfrequenz (FHR)
	Trikuspidalklappenfluss (TR) ¹
	Ductus venosus Fluss (DV) ¹
	Aa. uterinae beidseits (Aa. ut.) ¹
	Cervixlänge (Cx) ¹

¹ Nach Aufklärung und Einwilligung (GenDG)/Zertifizierung durch die FMF: NT, NB, T, DV, Aa uterinae, Cx.

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Qualitätsanforderungen an die weiterführende differenzierte Ultraschalluntersuchung in der pränatalen Diagnostik (DEGUM-Stufen II und III) im Zeitraum 11–13⁺⁶ Schwanger- schaftswochen

Quality Requirements for early Fetal Ultrasound Assessment at 11–13⁺⁶ Weeks of Gestation (DEGUM Levels II and III)



Tab. 2 FMF-Protokoll zur Messung der fetalen Nackentransparenz (NT)
(© Abb. 1).

- 11⁺⁰ – 13⁺⁶ Schwangerschaftswochen
- Scheitel-Steiß-Länge 45 – 84 mm
- Vergrößerung: der fetale Kopf und Thorax nehmen den ganzen Bildschirm ein
- Median sagittale Ebene: anterior die Nasenspitze und rechteckige Form des Gaumens, das transluzente Diencephalon in der Mitte und die Nackenhaut posterior¹
- neutrale Position
- unterscheide zwischen der fetalen Haut und dem Amnion
- messe die breiteste Stelle der NT
- Platzierung der Caliper: diese sollten auf den beiden Linien liegen, welche die Nackentransparenz begrenzen, so nah wie möglich zu dem schwarzen Bereich ohne jedoch in die Nackentransparenz zu liegen.
- drehe das Gain herunter wenn das Bild vergrößert wird
- mache mehr als ein Bild, speichere das mit dem größten Messwert in der Datenbank welches alle obigen Kriterien erfüllt
- semiautomatisierte Technik: kann verwendet werden
- nuchal cord: verwende den Mittelwert der NT ober und unterhalb der Nabelschnur

¹ Kleine Abweichungen von der exakten Mittellinie würden bedeuten, dass die Nasenspitze nicht sichtbar ist und der Prozessus Zygomaticus der Maxilla erscheint.

Challenges in the diagnosis of fetal non-chromosomal abnormalities at 11–13 weeks

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and Kypros H. Nicolaides^{1,2,3*}

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45.191 Schwangerschaften 11–13 Wochen

332 Aneuploidien (ausgeschlossen)

488 Fetale Anomalien

213 (43,6%) entdeckt

100% Exencephalie, Holoprosencephalie, Omphalocele, Megazystis

77% Fehlen von Händen u/o Füßen

50% Zwerchfellhernien

50% Letale Skelettdysplasien

34% Schwere Herzfehler

14% Spina bifida aperta





Systematic review of first-trimester ultrasound screening for detection of fetal structural anomalies and factors that affect screening performance

J. N. KARIM¹, N. W. ROBERTS², L. J. SALOMON³ and A. T. PAPAGEORGHIU^{1,4}

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Art und Kollektiv	Prävalenz (%)	Detektion (%)
schwer low risk	1,0	46
alle Typen low risk	1,8	32
alle Typen high risk	6,6	61

Metaanalyse 30 Studien n > 200.000

Karim 2017 UOG

Organdiagnostik | |⁺⁰-|3⁺⁶ Wochen



(fast) immer erkennbar	potentiell erkennbar	selten oder nie erkennbar
Body stalk Anomalie	Fehlende Hände/Füße	Mikrocephalie
Anencephalie	Zwerchfellhernie	Balkenmangel
Alobäre Holoprosencephalie	Letale Skelettdysplasie	Ventrikulomegalie
Omphalocele	Polydaktylie	Teratome
Gastroschisis	Schwere Herzfehler	Ovarialzysten
Megazystis	Spina bifida aperta	Lungensequester
	Gesichtsspalten	C.a. Lungenmalformation

Intracerebral Translucency

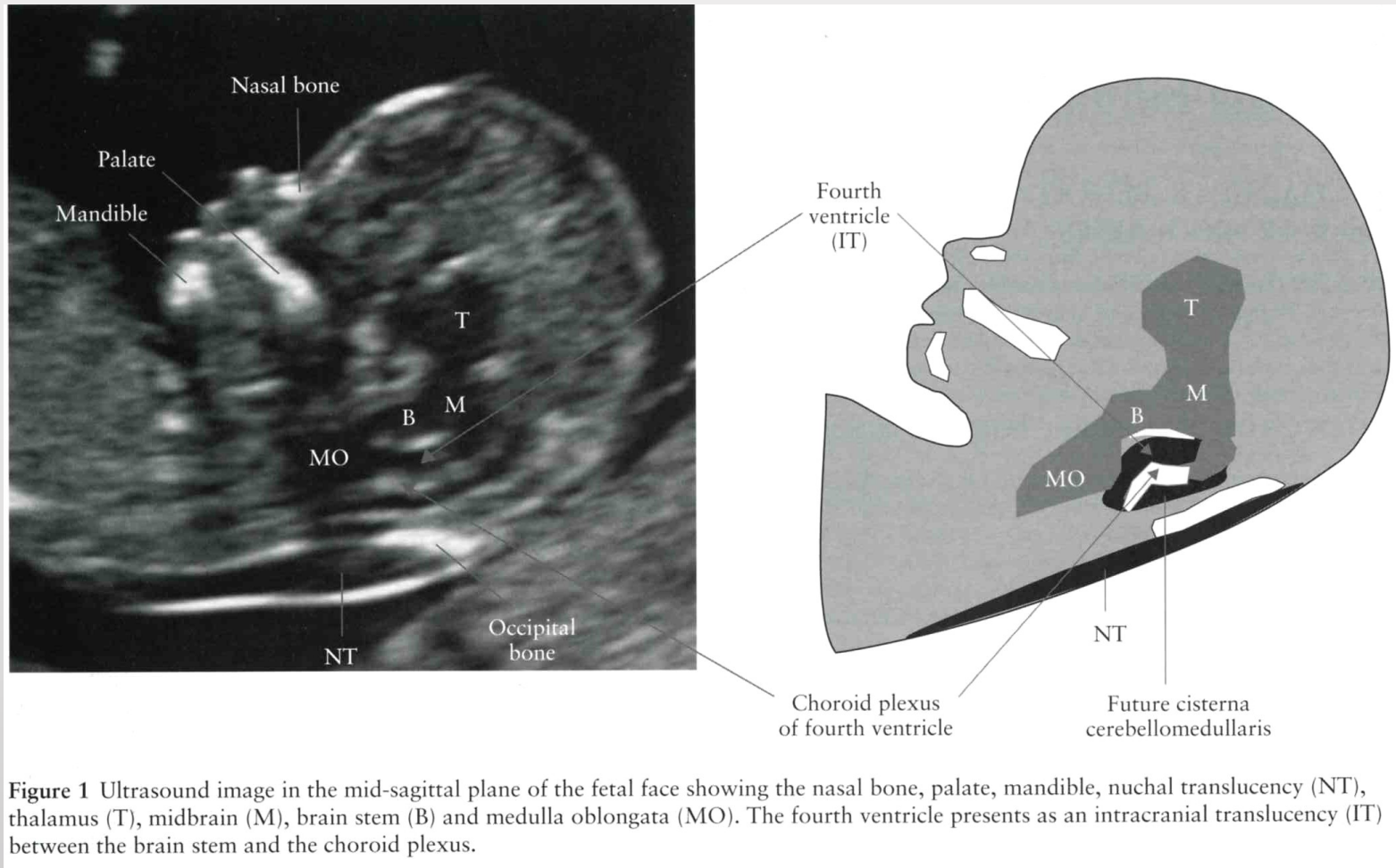
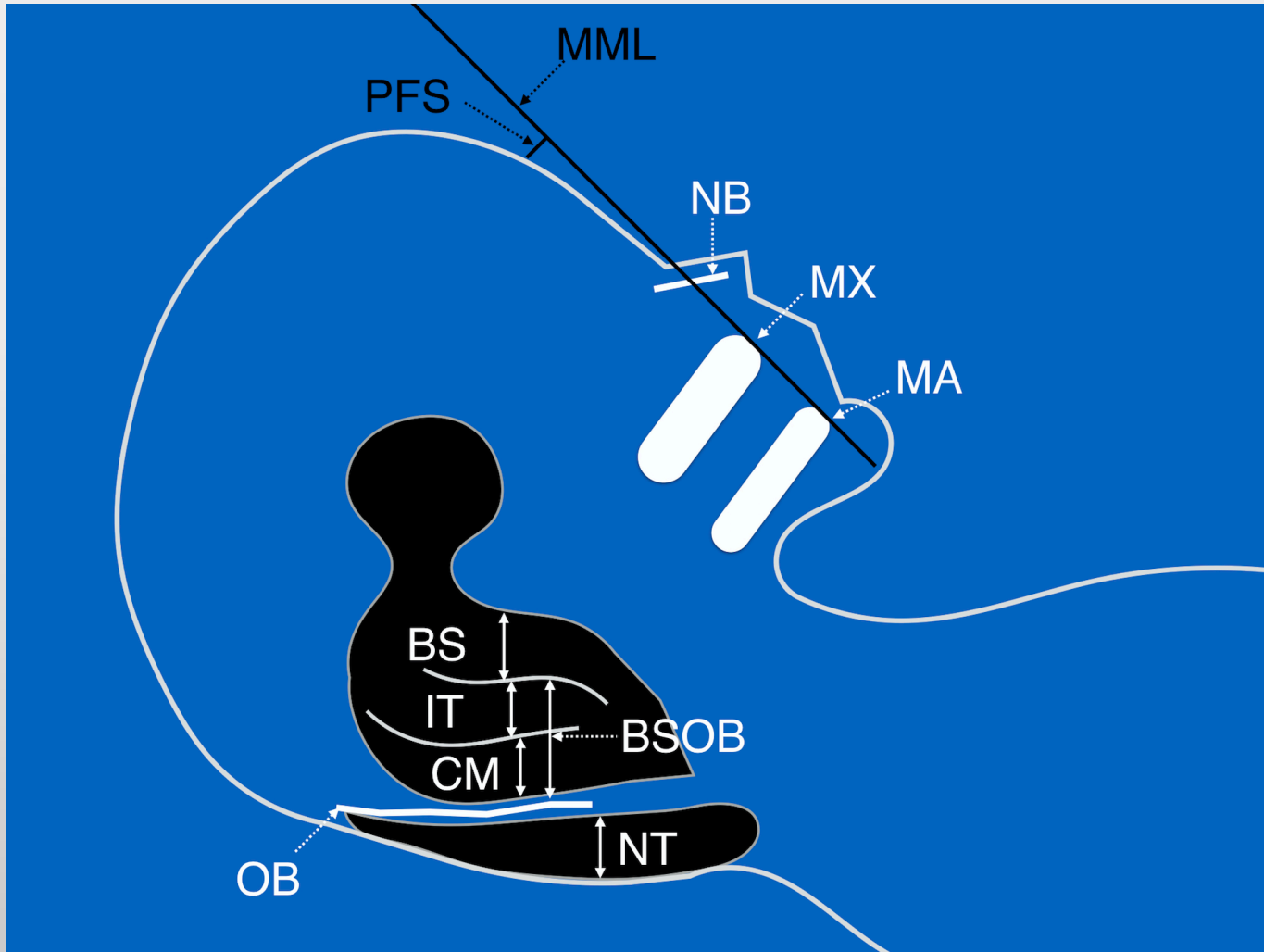


Figure 1 Ultrasound image in the mid-sagittal plane of the fetal face showing the nasal bone, palate, mandible, nuchal translucency (NT), thalamus (T), midbrain (M), brain stem (B) and medulla oblongata (MO). The fourth ventricle presents as an intracranial translucency (IT) between the brain stem and the choroid plexus.

Das fetale Profil im ersten Trimenon – mehr als nur NT

The Fetal Profile – More Than Just NT

Autoren
Markus Hoopmann, Karl Oliver Kagan





Ultrasound Obstet Gynecol 2017; 50: 45–48
Published online 23 April 2017 in Wiley Online Library (wileyonlinelibrary.com). DOI: 10.1002/uog.17286

Impact of holoprosencephaly, exomphalos, megacystis and increased nuchal translucency on first-trimester screening for chromosomal abnormalities

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Harris Birthright Research Centre for Fetal Medicine, Fetal Medicine Research Institute, King's College Hospital, London, UK

Table 1 Prevalence of alobar holoprosencephaly, exomphalos, megacystis and nuchal translucency thickness (NT) ≥ 3.5 mm and incidence of associated chromosomal abnormalities in 108 982 fetuses screened in the first trimester

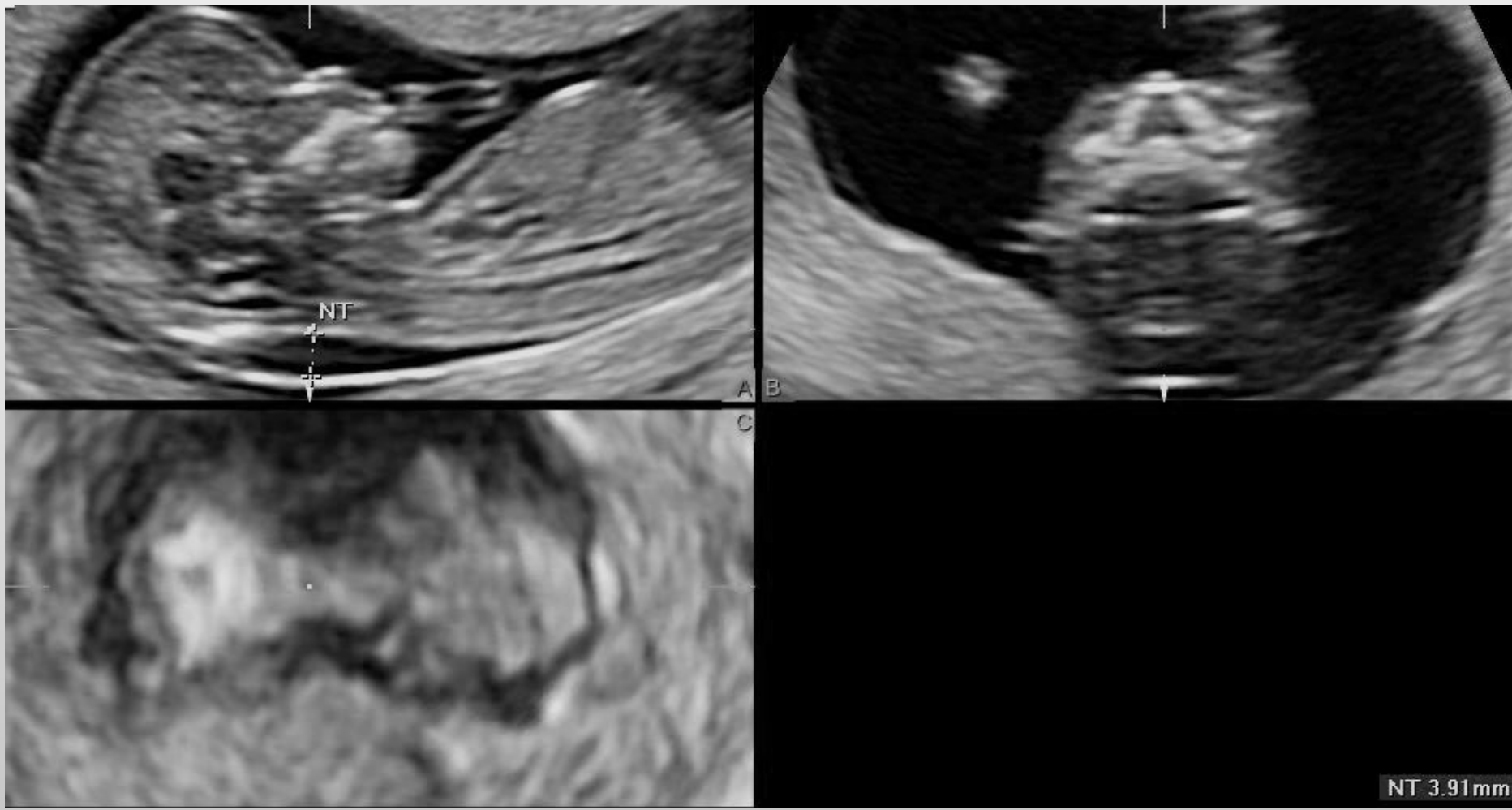
Defect	n	Abnormal karyotype						
		Total	Trisomy 21	Trisomy 18	Trisomy 13	Triploidy	Monosomy X	Other
Holoprosencephaly	37	29 (78.4)	0 (0)	5 (17.2)	18 (62.1)	5 (17.2)	0 (0)	1 (3.4)
Exomphalos	260	106 (40.8)	6 (5.7)	58 (54.7)	25 (23.6)	5 (4.7)	7 (6.6)	5 (4.7)
Liver	33	15 (45.5)	0 (0)	9 (60.0)	4 (26.7)	1 (6.7)	1 (6.7)	0 (0)
Bowel only	227	91 (40.1)	6 (6.6)	49 (53.8)	21 (23.1)	4 (4.4)	6 (6.6)	5 (5.5)
CRL 45–54 mm	128	53 (41.4)	2 (3.8)	35 (66.0)	5 (9.4)	3 (5.7)	4 (7.5)	4 (7.5)
CRL 55–84 mm	99	38 (38.4)	4 (10.5)	14 (36.8)	16 (42.1)	1 (2.6)	2 (5.3)	1 (2.6)
Megacystis	81	15 (18.5)	4 (26.7)	5 (33.3)	3 (20.0)	0 (0)	0 (0)	3 (20.0)
Bladder 7–15 mm	63	12 (19.0)	3 (25.0)	3 (25.0)	3 (25.0)	0 (0)	0 (0)	3 (25.0)
Bladder > 15 mm	18	3 (16.7)	1 (33.3)	2 (66.7)	0 (0)	0 (0)	0 (0)	0 (0)
NT ≥ 3.5 mm	919	446 (48.5)	227 (50.9)	101 (22.6)	32 (7.2)	6 (1.3)	59 (13.2)	21 (4.7)
Any of the above	1175	495 (42.1)	230 (46.5)	119 (24.0)	49 (9.9)	12 (2.4)	59 (11.9)	27 (5.5)
Total population	108 982	870	432	166	56	35	63	118
Defects or increased NT	1175 (1.1)	495 (56.9)	230 (53.2)	119 (71.7)	48 (85.7)	12 (34.3)	59 (93.7)	27 (22.9)
CT risk ≥ 1 in 100	924 (0.8)	488 (56.1)	229 (53.0)	118 (71.1)	47 (83.9)	11 (31.4)	59 (93.7)	24 (20.3)

Data are given as *n* or *n* (%). CRL, crown–rump length; CT, combined test.



SSL	50 mm	60 mm	70 mm	80 mm
Median (mm)	1,4	1,7	1,9	2,0
95. Perz. (mm)	2,2	2,4	2,6	2,8

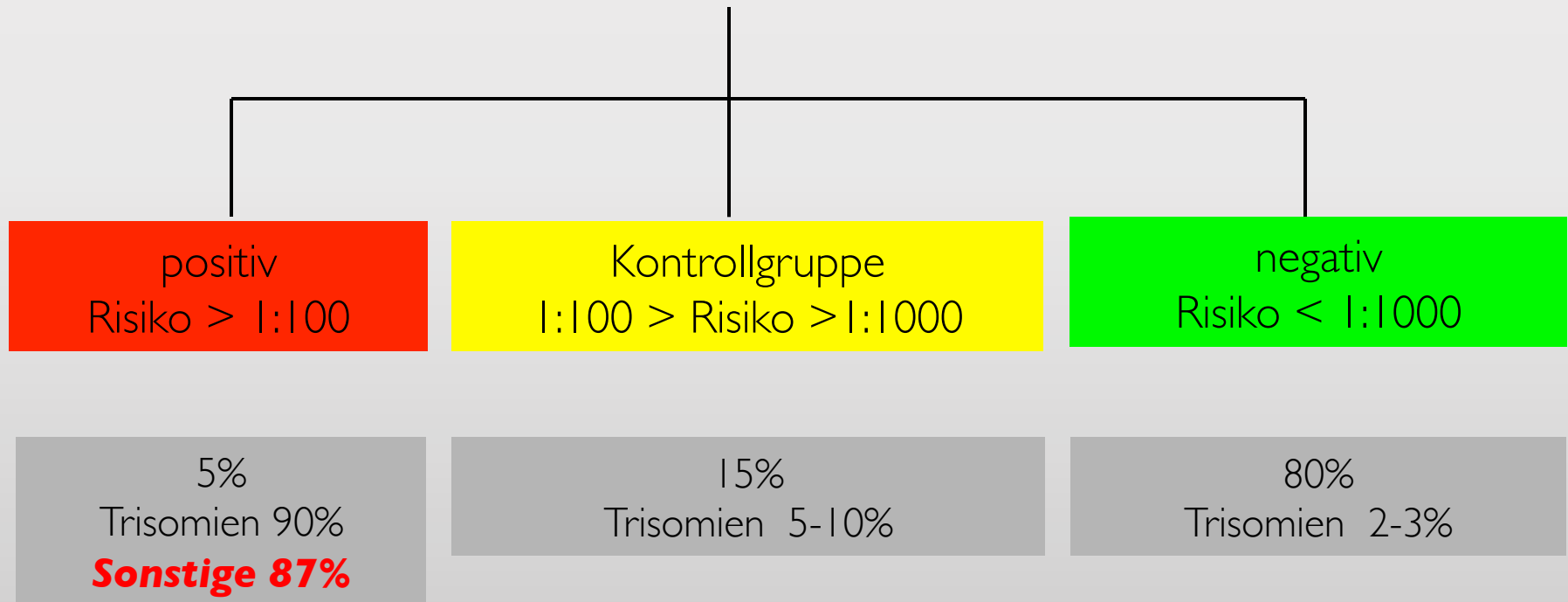
NT- Percentilen (gerundet nach Nicolaides 2007)



Basis ETS (Combined Screening)



Alter, NT, β -HCG, PAPP-A



Cell-free DNA vs sequential screening for the detection of fetal chromosomal abnormalities

Mary E. Norton, MD; Rebecca J. Baer, MPH; Ronald J. Wapner, MD; Miriam Kuppermann, PhD;
Laura L. Jelliffe-Pawlowski, PhD; Robert J. Currier, PhD

BACKGROUND: Sequential and cell-free DNA (cfDNA) screening are both tests for the common aneuploidies. Although cfDNA has a greater detection rate (DR) for trisomy 21, sequential screening also can identify risk for other aneuploidies. The comparative DR for all chromosomal abnormalities is unknown.

OBJECTIVE: To compare sequential and cfDNA screening for detection of fetal chromosomal abnormalities in a general prenatal cohort.

STUDY DESIGN: The performance of sequential screening for the detection of chromosome abnormalities in a cohort of patients screened through the California Prenatal Screening Program with estimated due dates between August 2009 and December 2012 was compared with the estimated DRs and false-positive rates (FPRs) of cfDNA screening if used as primary screening in this same cohort. DR and FPR for cfDNA screening were abstracted from the published literature, as were the rates of "no results" in euploid and aneuploid cases. Chromosome abnormalities in the entire cohort were categorized as detectable (trisomies 13, 18, and 21, and sex chromosome aneuploidy), or not detectable (other chromosome abnormalities) by cfDNA screening. DR and FPR were compared for individual and all chromosome abnormalities. DR and FPR for the cohort were compared if "no results" cases were considered "screen negative" or "screen

positive" for aneuploidy. DR and FPR rates were compared by use of the Fisher exact test.

RESULTS: Of 452,901 women who underwent sequential screening during the time period of the study, 2575 (0.57%) had a fetal chromosomal abnormality; 2101 were detected for a DR of 81.6%, and 19,929 euploid fetuses had positive sequential screening for an FPR rate of 4.5%. If no results cases were presumed normal, cfDNA screening would have detected 1820 chromosome abnormalities (70.7%) with an FPR of 0.7%. If no results cases were considered screen positive, 1985 (77.1%) cases would be detected at a total screen positive rate of 3.7%. In either case, the detection rate of sequential screening for all aneuploidies in the cohort was greater than cfDNA ($P < .0001$).

CONCLUSION: For primary population screening, cfDNA provides lower DR than sequential screening if considering detection of all chromosomal abnormalities. Assuming that no results cfDNA cases are high-risk improves cfDNA detection but with a greater FPR. cfDNA should not be adopted as primary screening without further evaluation of the implications for detection of all chromosomal abnormalities and how to best evaluate no results cases.

Key words: aneuploidy screening, cell-free DNA screening, noninvasive prenatal screening, noninvasive prenatal testing, sequential screening



452.901 ETS
0,6 % Anomalien
davon 71% der cfDNA
zugänglich

Norton 2016 AJOG

TABLE 4

Detection rate and false-positive rate of sequential screening and cfDNA screening for all aneuploidies

	Detection rate for all chromosomal abnormalities	False-positive rate
Sequential screening	81.6%	4.5%
cfDNA, "no results" assumed normal	70.7%	0.7%
cfDNA, "no results" assumed high risk	77.1%	3.7%

cfDNA, cell-free DNA.

Norton et al. Cell-free DNA and sequential screening. Am J Obstet Gynecol 2016.

Spektrum genetischer Anomalien



Original Research

ajog.org

OBSTETRICS

Chromosomal abnormalities not currently detected by cell-free fetal DNA: a retrospective analysis at a single center

Hagit Shani, MD; Tamar Goldwaser, MD; Jennifer Keating, MS; Susan Klugman, MD

n=3.182 zytogenetische Analysen
n=1.037 plus Microarray
220 (7%) Chromosomenanomalien

57% Tris 21,18,13 und SCA
22% Mosaik, unbalancierte Translokationen
21% pathologische Microarrays

Shani 2016 AJOG



Accuracy of first-trimester combined test in screening for trisomies 21, 18 and 13

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KEYWORDS: chromosomal abnormalities; first-trimester combined test; screening; trisomy 13; trisomy 18; trisomy 21

ETS-Risiko 21,18,13	n	%	Anomalien in dieser Gruppe	davon Trisomie 21,18,13	Erfasste Chromosomenanomalien (gesamt)
>1:10	1486	1,4	653 (43,9%)	80,6%	75,1
>1:50	3699	3,4	742 (20,0%)	78,9%	85,3
>1:100	5760	5,3	771 (13,4%)	79,1%	88,6

Santorium 2017 UOG

n=108.982

Chromosomenanomalien n=870 (0,8%)

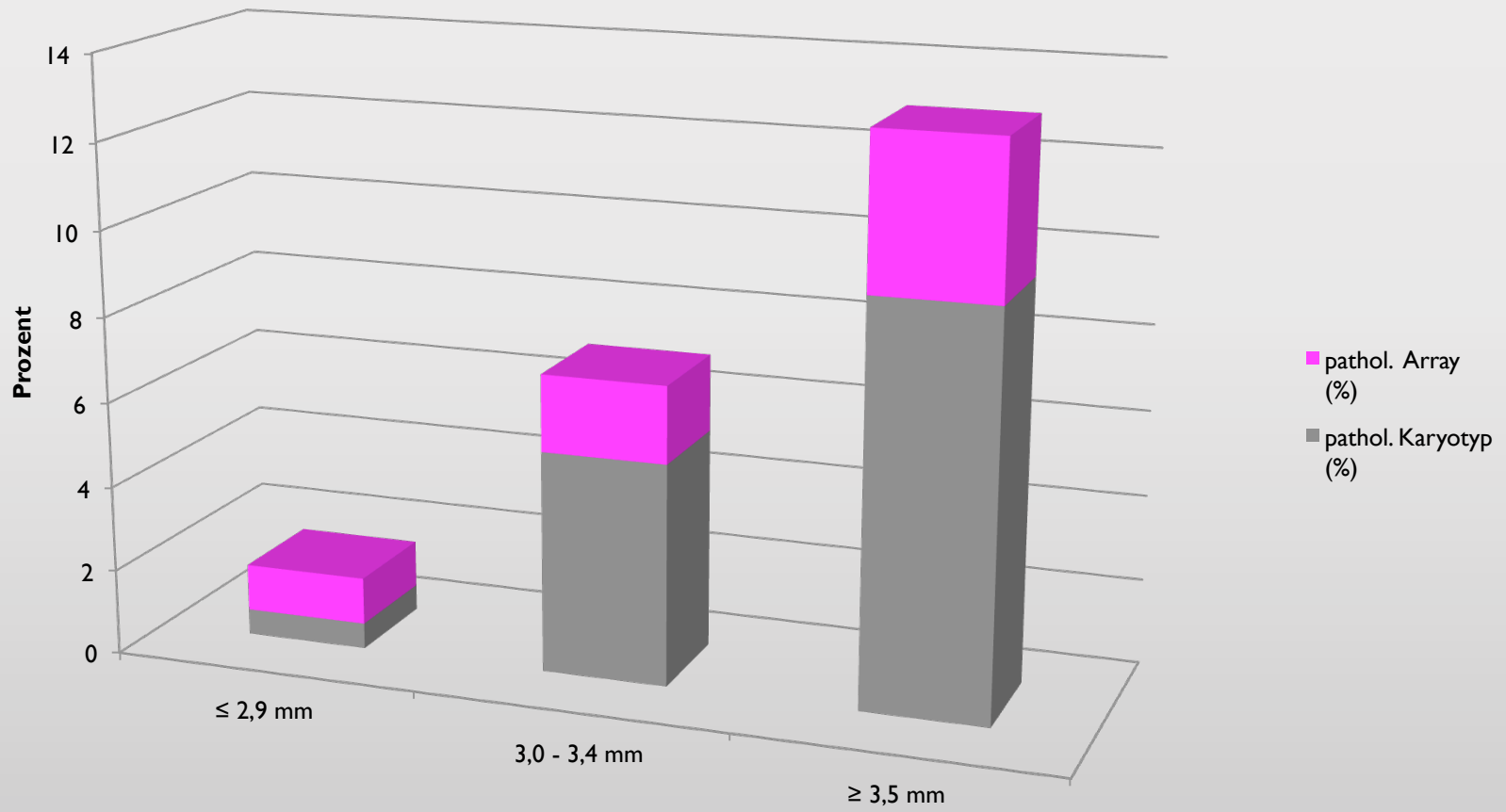
davon Trisomie 21,18,13 n=654 (75,2%)

Schwellenwerte für NT und ETS



Erstautor	n	Kriterium	Karyotyp pathol.	CNV pathol.
Kagan 2006	11.315	NT > 95. Perz. - 3,4mm	7,1%	-
		NT 3,5 - 11,5mm	20-70%	
Äyräs 2013	1.063	NT 95. Perz. - 3,4mm	10%	-
		NT \geq 3,5mm	42%	
Petersen 2014	11.864	NT 95-99. Perz.	10,4%	kA
		NT \geq 99. Perz.	34,8%	
	10.205	komb ETS-Risiko > 1:300	11,4%	kA
	komb ETS-Risiko > 1:10	56%		
Maya 2017	1.588	NT \leq 2,9mm	0,6%	1,1%
		NT 3,0 – 3,4mm	5,2%	1,8%
		NT \geq 3,5mm	9,4%	3,6%
Vogel 2017	575	komb ETS-Risiko > 1:300	6,3% 22% nicht T13,18,21 oder SCA	2,6%
		komb ETS-Risiko 1:300 - 1:100	2,4% 37,5% nicht T13,18,21 oder SCA	2,7%
		komb ETS-Risiko 1:100 - 1:50	4,4% 50% nicht T13,18,21 oder SCA	4,4%
		komb ETS-Risiko > 1:50	15,8% 9% nicht T13,18,21 oder SCA	0,7%

NT-Breite und genetische Anomalien



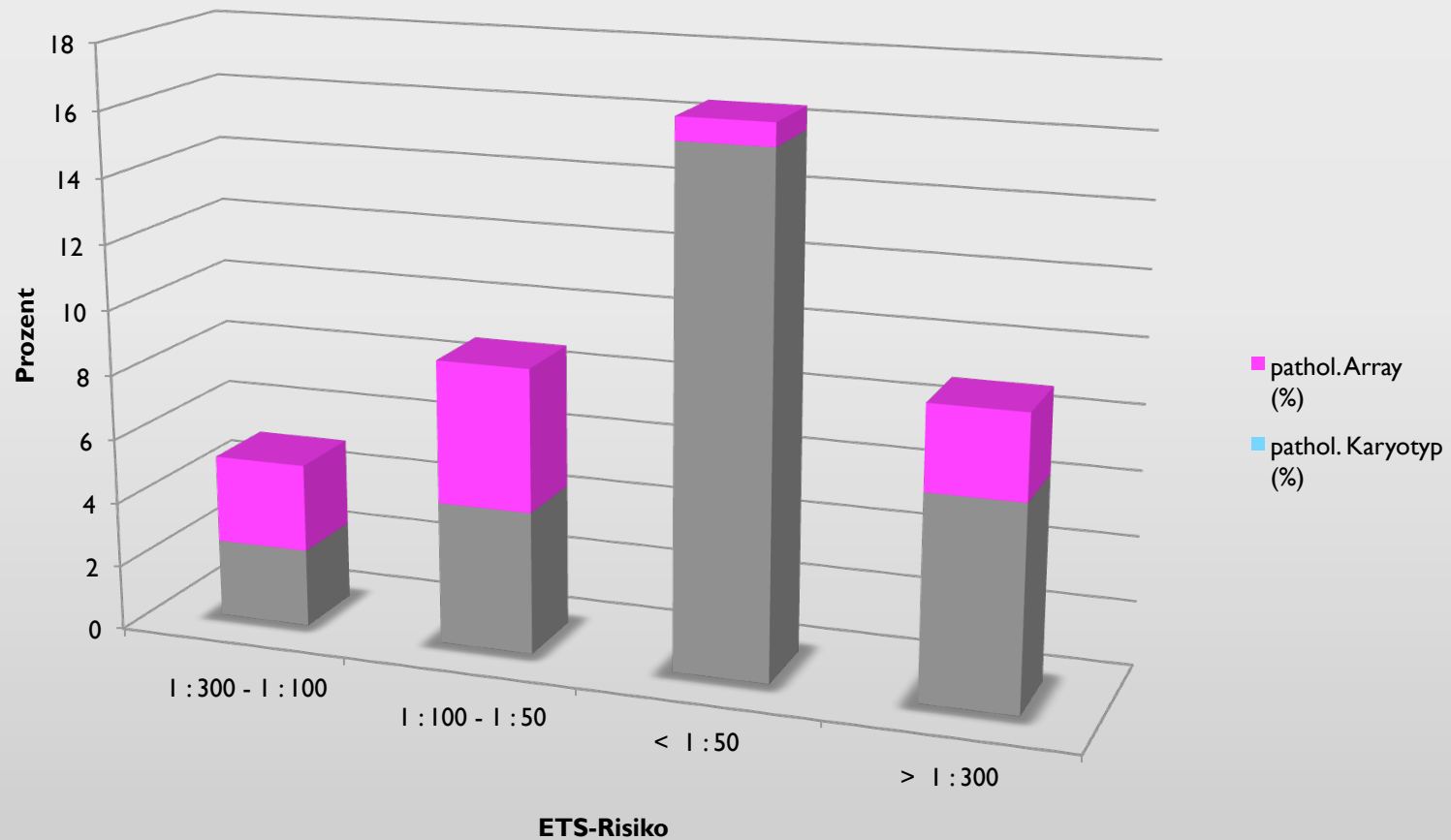
Daten nach Maya 2017

Schwellenwerte für NT und ETS



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ETS-Risiko und genetische Anomalien



Daten nach Vogel 2017

„Neues“ Ersttrimester-Screening



Trisomie 21-Risiko kann durch cfDNA abgedeckt werden

Neuorientierung des ETS:

- „Nicht cfDNA-erfassbare“ Chromosomenanomalien (30-50%)
- Neuralrohrdefekte
- ZNS-Fehlbildungen
- Spaltbildungen
- Ventrale Spalten
- LUTO
- Schwere Herzfehler
- Screening auf maternofetale Erkrankungen

Diagnostische Punktionen



	Punktion	Kontrolle	Datenpool
Amniozentese	0,81	0,67	0,11
CVS	2,18	1,79	0,22

21 Studien von 1.506

Akolekar 2015 UOG

42.716 Amniozentesen

8.899 Chorionzottenbiopsien

Indikationen zur Punktionsdiagnostik sind u.U. auch Ursache einer erhöhten Fehlgeburtsgefährdung

Verlustrate muss individualisiert beurteilt werden

Diagnostische Punktionen



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Risk of fetal loss associated with invasive testing following combined first-trimester screening for Down syndrome: a national cohort of 147 987 singleton pregnancies

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*Center of Fetal Medicine, Department of Obstetrics, Copenhagen University Hospital, Rigshospitalet, Copenhagen, Denmark; †Faculty of Medicine and Health Sciences, University of Copenhagen, Copenhagen, Denmark; ‡Section of Biostatistics, Department of Public Health, University of Copenhagen, Copenhagen, Denmark; §Department of Clinical Biochemistry, Copenhagen University Hospital, Herlev and Gentofte Hospital, Copenhagen, Denmark; ¶Fetal Medicine Unit, Department of Obstetrics and Gynecology, Aarhus University Hospital, Skejby, Denmark

KEYWORDS: amniocentesis; chorionic villus sampling; combined first-trimester screening; fetal loss; invasive prenatal testing; miscarriage; procedure-related risk; stillbirth

Conclusion Neither CVS nor AC was associated with increased risk of miscarriage or stillbirth. These findings indicate that the procedure-related risk of CVS and AC is very low. Copyright © 2015 ISUOG. Published by John Wiley & Sons Ltd.

Diagnostische Punktionen



Verlustrisiko korreliert mit

- Alter
- BMI
- hohem β -HCG
- niedrigem PAPP-A
- Blutung
- Erfahrung der Punkteure

Risikofaktoren für PE



- Alter > 40
- BMI > 30 kg/m²
- IVF
- PE in Anamnese
- Chronische Hypertonie
- Diabetes
- Thrombophilie
- Autoimmunerkrankungen

Empfehlungen aufgrund
maternaler Anamnese und Status:

ACOG

DR 90% FPR 64%

NICE

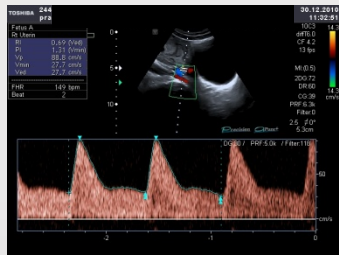
DR 41% FPR 10%

Uterine artery Doppler at 11 + 0 to 13 + 6 weeks in the prediction of pre-eclampsia

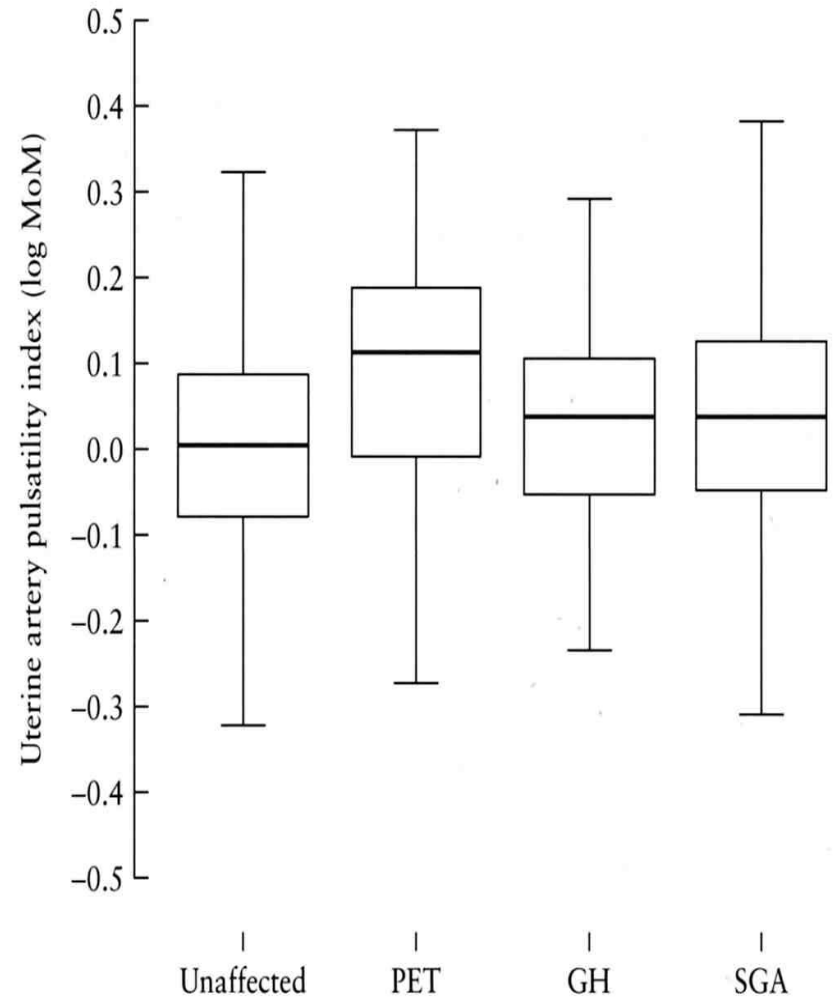
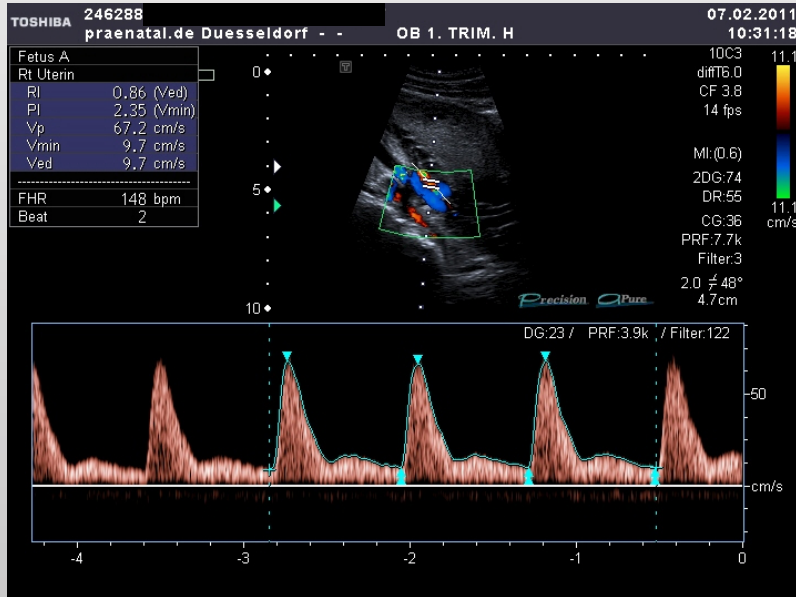
W. PLASENCIA, N. MAIZ, S. BONINO, C. KAIHURA and K. H. NICOLAIDES

Harris Birthright Research Centre for Fetal Medicine, King's College Hospital, London, UK

KEYWORDS: Doppler; first trimester; high-risk pregnancy prediction; pre-eclampsia

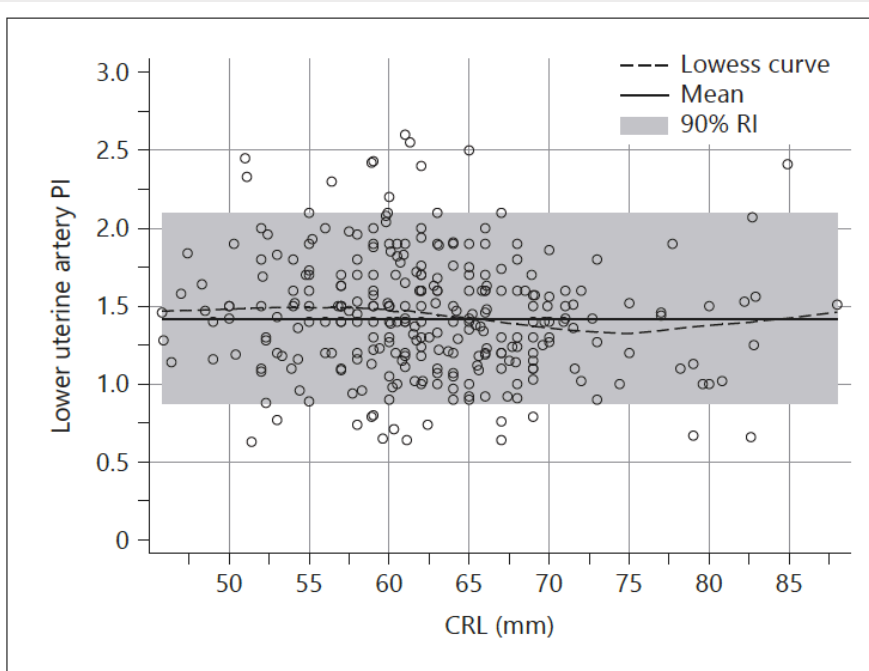


$$PI = (V_{\max} - V_{\min}) / V_{\text{mean}}$$





PI der A. uterina im I. Trimenon



Fetal Diagnosis and Therapy

Original Paper

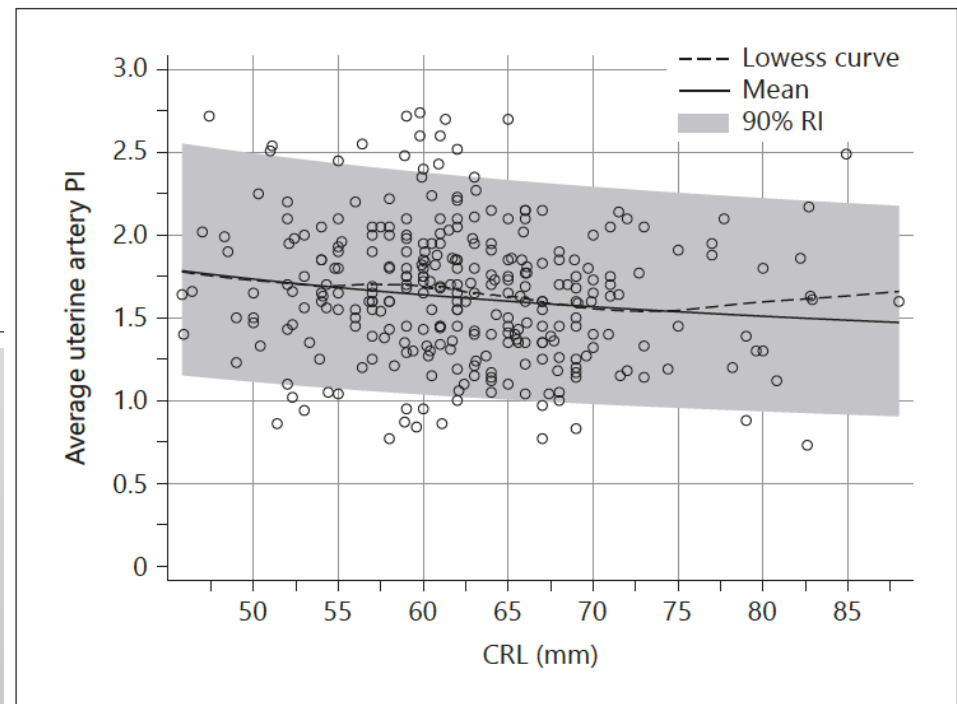
Fetal Diagn Ther 2014;36:299–304
DOI: [10.1159/000361021](https://doi.org/10.1159/000361021)

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Accepted after revision: February 28, 2014
Published online: August 1, 2014

Uterine Artery Pulsatility Index Assessment at 11–13⁺ Weeks' Gestation

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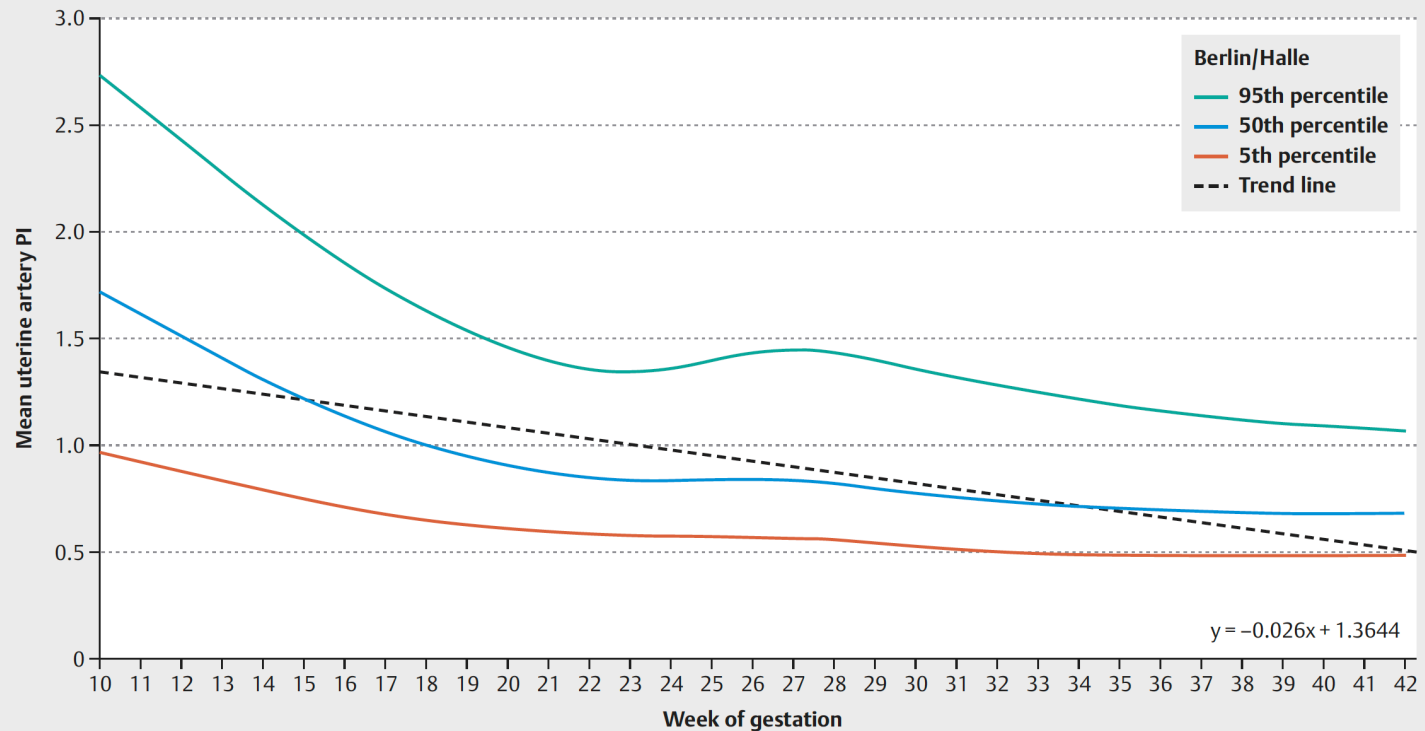
Reference Curve for the Mean Uterine Artery Pulsatility Index in Singleton Pregnancies

Referenzkurve des mittleren Pulsatilitätsindex der Arteria uterina in Einlingsschwangerschaften

Authors

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Michael Entezami²

ders of trophoblast invasion. Increased resistance in the UA is associated with an increased risk of preeclampsia and/or intra-uterine growth restriction (IUGR) and perinatal mortality. In the absence of standardized figures, the normal ranges of



► **Fig. 3** 5th, 50th and 95th percentiles of the mean pulsatility index of the uterine arteries (Mean PI, mean of the right and left uterine arteries) together with the formula for the linear trend which corresponds to a weekly decrease in the Mean PI of about 0.026.

► **Table 1** 5th, 50th and 95th percentiles according to the week of gestation (GW).

GW	5th percentile	50th percentile	95th percentile
10	0.96	1.71	2.72
11	0.92	1.60	2.57
12	0.88	1.50	2.41
13	0.83	1.40	2.26
14	0.79	1.30	2.11
15	0.74	1.21	1.97
16	0.71	1.13	1.84
17	0.67	1.06	1.72
18	0.64	0.99	1.62
19	0.62	0.94	1.53
20	0.60	0.90	1.45
21	0.59	0.87	1.39
22	0.58	0.85	1.35
23	0.57	0.83	1.34
24	0.57	0.83	1.36
25	0.57	0.84	1.40
26	0.57	0.84	1.43
27	0.56	0.83	1.44
28	0.55	0.82	1.43
29	0.54	0.79	1.40
30	0.52	0.77	1.35
31	0.51	0.75	1.31
32	0.50	0.74	1.28
33	0.49	0.72	1.25
34	0.49	0.71	1.21
35	0.48	0.70	1.18
36	0.48	0.69	1.16
37	0.48	0.69	1.14
38	0.48	0.68	1.12
39	0.48	0.68	1.10
40	0.48	0.68	1.09
41	0.48	0.68	1.08
42	0.49	0.68	1.06





Accuracy of competing-risks model in screening for pre-eclampsia by maternal factors and biomarkers at 11–13 weeks' gestation

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¹Harris Birthright Centre for Fetal Medicine, King's College Hospital, London, UK; ²Institute of Health Research, University of Exeter, Exeter, UK; ³Chinese University of Hong Kong, Hong Kong, China; ⁴Medway Maritime Hospital, Gillingham, UK; ⁵Homerton University Hospital, London, UK; ⁶North Middlesex University Hospital, London, UK; ⁷Centre Hospitalier Universitaire Brugmann, Université Libre de Bruxelles, Brussels, Belgium; ⁸Hospital Universitario San Cecilio, Granada, Spain; ⁹Hospital Clínico Universitario Virgen de la Arrixaca, Murcia, Spain; ¹⁰Attikon University Hospital, Athens, Greece; ¹¹Ospedale Maggiore Policlinico, Milan, Italy; ¹²Hospiten Group, Tenerife, Canary Islands, Spain; ¹³Southend University Hospital, Essex, UK

Table 2 Performance of screening for delivery with pre-eclampsia (PE) < 32, < 37 or ≥ 37 weeks' gestation in validation dataset of 8775 singleton pregnancies using previously developed algorithm based on maternal factors and combinations of biomarkers

Screening method	PE with delivery < 32 weeks (n = 17)			PE with delivery < 37 weeks (n = 59)			PE with delivery ≥ 37 weeks (n = 180)		
	AUC	DR (%) at:		AUC	DR (%) at:		AUC	DR (%) at:	
		FPR = 5%	FPR = 10%		FPR = 5%	FPR = 10%		FPR = 5%	FPR = 10%
Maternal factors	0.8045	41 (18–67)	53 (28–77)	0.7583	29 (18–42)	41 (28–54)	0.7449	18 (13–25)	37 (30–45)
Maternal factors plus:									
MAP	0.9071	59 (33–82)	71 (44–90)	0.8243	36 (24–49)	47 (34–61)	0.7789	26 (20–33)	37 (30–45)
UtA-PI	0.9309	71 (44–90)	82 (57–96)	0.8537	47 (34–61)	61 (47–73)	0.7539	22 (16–29)	39 (32–47)
PAPP-A	0.8546	47 (23–72)	59 (33–82)	0.7825	37 (25–51)	47 (34–61)	0.7504	21 (15–28)	37 (30–44)
PIGF	0.9506	65 (38–86)	88 (64–99)	0.8722	49 (36–63)	63 (49–75)	0.7578	20 (14–27)	39 (32–46)
MAP, UtA-PI	0.9667	82 (57–96)	94 (71–100)	0.8958	53 (39–66)	71 (58–82)	0.7875	27 (20–34)	41 (34–49)
MAP, PAPP-A	0.9133	65 (38–86)	76 (50–93)	0.8342	41 (28–54)	49 (36–63)	0.7827	28 (21–35)	40 (33–48)
MAP, PIGF	0.9674	76 (50–93)	88 (64–99)	0.8985	53 (39–66)	69 (56–81)	0.7870	29 (22–36)	43 (36–51)
UtA-PI, PAPP-A	0.9339	71 (44–90)	82 (57–96)	0.8583	49 (36–63)	66 (53–78)	0.7571	24 (18–31)	40 (33–48)
UtA-PI, PIGF	0.9772	82 (57–96)	100 (80–100)	0.9000	61 (47–73)	75 (62–85)	0.7619	22 (16–29)	39 (32–47)
PIGF, PAPP-A	0.9510	65 (38–86)	88 (64–99)	0.8741	51 (37–64)	66 (53–78)	0.7589	20 (14–27)	39 (32–47)
MAP, UtA-PI, PAPP-A	0.9644	88 (64–99)	94 (71–100)	0.8956	61 (47–73)	69 (56–81)	0.7892	29 (22–36)	42 (35–50)
MAP, PAPP-A, PIGF	0.9672	76 (50–93)	88 (64–99)	0.8998	54 (41–67)	69 (56–81)	0.7882	29 (22–36)	43 (36–51)
MAP, UtA-PI, PIGF	0.9870	94 (71–100)	100 (80–100)	0.9242	66 (53–78)	75 (62–85)	0.7916	32 (25–39)	43 (35–50)
UtA-PI, PAPP-A, PIGF	0.9769	82 (57–96)	100 (80–100)	0.9004	61 (47–73)	75 (62–85)	0.7626	23 (17–30)	38 (31–46)
MAP, UtA-PI, PAPP-A, PIGF	0.9865	94 (71–100)	100 (80–100)	0.9241	66 (53–78)	80 (67–89)	0.7923	31 (24–38)	43 (35–50)

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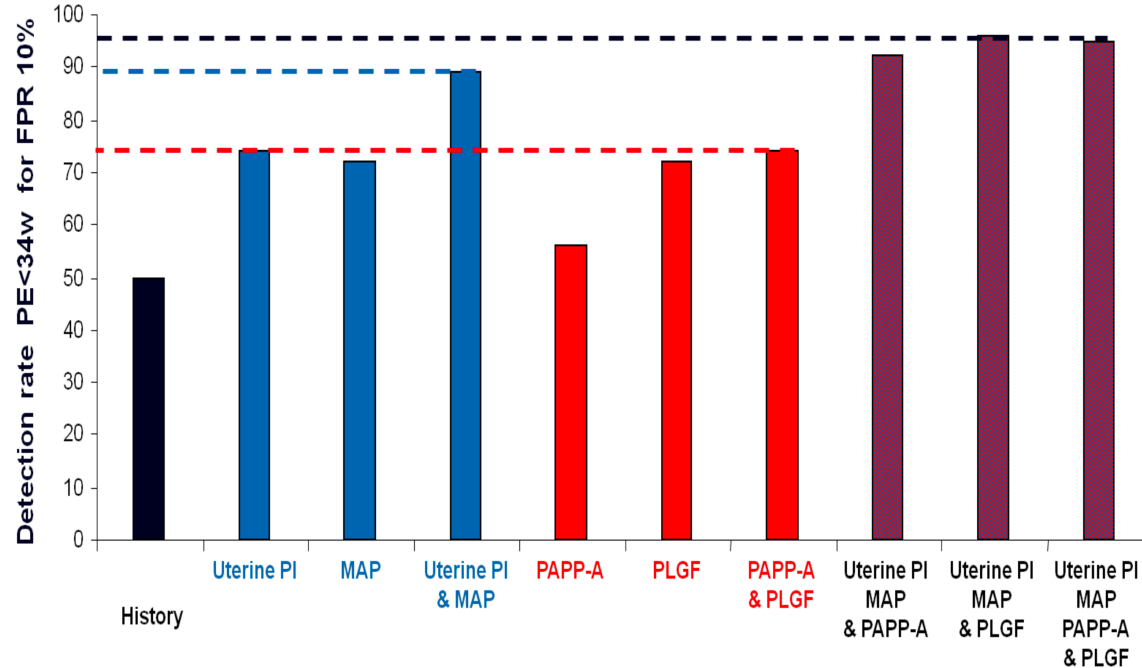
Diagnostik und Therapie hypertensiver Schwangerschaftserkrankungen



DGGG Leitlinienprogramm



Screening – I. Trimenon



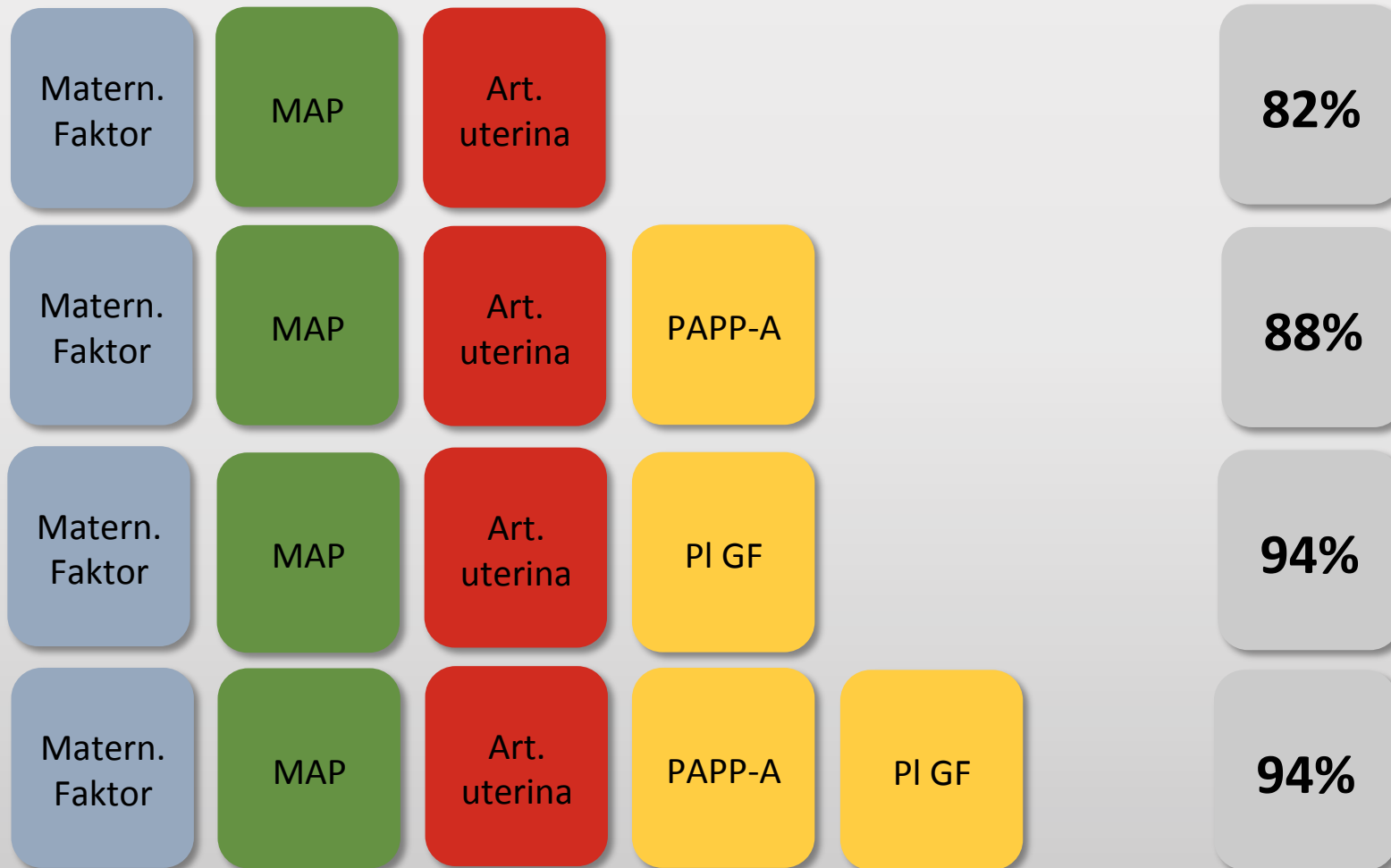
Nicolaides K

Biophysical test

Biochemical test

Combined test

Detektionsrate PE < 32 SSW (5% FPR)



Prädiktion der PE: sFlt-1/PIGF ratio



The NEW ENGLAND JOURNAL of MEDICINE

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Predictive Value of the sFlt-1:PIGF Ratio in Women with Suspected Preeclampsia

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Anne Cathrine Staff, M.D., Ph.D., Maria Sennström, M.D., Ph.D., Matts Olovsson, M.D., Ph.D.,
Shaun P. Brennecke, M.B., B.S., D.Phil., Holger Stepan, M.D., Deirdre Allegranza, B.A., Peter Dilba, M.Sc.,
Maria Schoedl, Ph.D., Martin Hund, Ph.D., and Stefan Verlohren, M.D., Ph.D.

Zeisler 2016 NEJM

Ultrasound Obstet Gynecol 2015; 45: 241–246

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Opinion

Implementation of the sFlt-1/PIGF ratio for prediction and diagnosis of pre-eclampsia in singleton pregnancy: implications for clinical practice

Stepan 2015 UOG



Aspirin versus Placebo in Pregnancies at High Risk
for Preterm Preeclampsia

Daniel L. Rolnik, M.D., David Wright, Ph.D., Liona C. Poon, M.D., Neil O’Gorman, M.D., Argyro Syngelaki, Ph.D., Catalina de Paco Matallana, M.D., Ranjit Akolekar, M.D., Simona Cicero, M.D., Deepa Janga, M.D., Mandeep Singh, M.D., Francisca S. Molina, M.D., Nicola Persico, M.D., Jacques C. Jani, M.D., Walter Plasencia, M.D., George Papaioannou, M.D., Kinneret Tenenbaum-Gavish, M.D., Hamutal Meiri, Ph.D., Sveinbjorn Gizurason, Ph.D., Kate Maclagan, Ph.D., and Kypros H. Nicolaides, M.D.

Table 2. Outcomes According to Trial Group.

Outcome	Aspirin Group (N = 798)	Placebo Group (N = 822)	Odds Ratio (95% or 99% CI)*
Primary outcome: preterm preeclampsia at <37 wk of gestation — no. (%)	13 (1.6)	35 (4.3)	0.38 (0.20–0.74)
Secondary outcomes according to gestational age			
Adverse outcomes at <34 wk of gestation			
Any — no. (%)	32 (4.0)	53 (6.4)	0.62 (0.34–1.14)
Preeclampsia — no. (%)	3 (0.4)	15 (1.8)	0.18 (0.03–1.03)
Gestational hypertension — no. (%)	2 (0.3)	2 (0.2)	1.02 (0.08–13.49)
Small-for-gestational-age status without preeclampsia — no./total no. (%)†	7/785 (0.9)	14/807 (1.7)	0.53 (0.16–1.77)
Miscarriage or stillbirth without preeclampsia — no. (%)	14 (1.8)	19 (2.3)	0.78 (0.31–1.95)
Abruption without preeclampsia — no. (%)	1 (0.1)	3 (0.4)	0.36 (0.02–7.14)
Spontaneous delivery without preeclampsia — no. (%)	12 (1.5)	12 (1.5)	1.07 (0.37–3.10)

Wem nützt ASS (nicht)?



Am J Obstet Gynecol. 2017 Aug 4. pii: S0002-9378(17)30929-8. doi: 10.1016/j.ajog.2017.07.038. [Epub ahead of print]

ASPREE trial: effect of aspirin in prevention of preterm preeclampsia in subgroups of women according to their characteristics and medical and obstetrical history.

Poon LC¹, Wright D², Rolnik DL³, Syngelaki A⁴, Delgado JL³, Tsokaki T⁵, Leipold G⁶, Akolekar R⁷, Shearing S⁸, De Stefani L⁹, Jani JC¹⁰, Plasencia W¹¹, Evangelinakis N¹², Gonzalez-Vanegas O¹³, Persico N¹⁴, Nicolaidis KH¹⁵.

+ Author information

Abstract

OBJECTIVE: We sought to examine whether there are differences in the effect of aspirin on the incidence of preterm preeclampsia in the ASPREE trial in subgroups defined according to maternal characteristics and medical and obstetrical history.

STUDY DESIGN: This was a secondary analysis of data from the ASPREE trial. In ASPREE, women with singleton pregnancies were screened by means of an algorithm that combines maternal factors and biomarkers at 11-13 weeks' gestation. Those with an estimated risk for preterm preeclampsia of >1 in 100 were invited to participate in a double-blind trial of aspirin (150 mg/d) vs placebo from 11-14 weeks' until 36 weeks' gestation. Aspirin was associated with a significant reduction in the incidence of preterm preeclampsia with delivery at <37 weeks' gestation, which was the primary outcome (odds ratio, 0.38; 95% confidence interval, 0.20-0.74; P = .004).

CONCLUSION: The beneficial effect of aspirin in the prevention of preterm preeclampsia may not apply in pregnancies with chronic hypertension. There was no evidence of heterogeneity in the aspirin effect in subgroups defined according to maternal characteristics and obstetrical history.

Prädiktion der PE: sFlt-1/PIGF ratio



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Opinion

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Stepan 2015 UOG

AWMF-Leitlinie



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DGGG Leitlinienprogramm



Screening – II. Trimenon

Dopplersonographie Aa. uterinae

- mittlerer PI – alleine oder in Kombination mit einem notching – bester Marker für die Prädiktion einer Präeklampsie (Sensitivität bis zu 93%)
- im low-risk-Kollektiv beträgt die Erkennungsrate eines PI > 1,6 (95. Perz.) für eine early-onset-Präeklampsie bei einer 5% FPR 78% und für Präeklampsie insgesamt 42,8%. Erkennungsraten für späte Präeklampsien sind deutlich niedriger
- klinische Relevanz haben hohe Spezifität und der negative Vorhersagewert von bis zu 99%

Angiogenese-/Antiangiogenesefaktoren

- bei pathol. uterinem Doppler im II. Trimenon kann eine weitere Risikoevaluation und prognostische Abschätzung für die Entwicklung einer Präeklampsie durch die Bestimmung des sFlt-1/PIGF-Quotienten erfolgen

Prädiktion der PE und sFlt-1/PIGF ratio



sFlt-1/PIGF <38

keine PE innerhalb von

- einer Woche (99,3%)
- vier Wochen (94,3%)

sFlt-1/PIGF 38-85 (early onset) 38-110 (late onset)

hohe Wahrscheinlichkeit PE zu entwickeln

Kontrolle in einer Woche (PPV 66% für vier Wochen)

sFlt-1/PIGF >38 (early onset) 38-110 (late onset)

bestehende PE/IUGR (Spezifität 99%)

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Vorstellung in der Klinik

- $RR_{\text{systol.}} \geq 150$ mm Hg bzw. $RR_{\text{diastol.}} \geq 100$ mm Hg (auch ohne Proteinurie)
- manifeste Präeklampsie
- Hypertonie/Proteinurie und starke Gewichtszunahme im III. Trim. (≥ 1 kg/Woche)
- drohende Eklampsie (Prodromalsymptome!)
- klin. V.a. HELLP-Syndrom (v.a. persistierende Oberbauchschmerzen)
- Hinweis für fetale Bedrohung (CTG / Doppler, IUGR)
- milde Hypertonie oder Proteinurie und Risikofaktoren
 - vorbestehende mat. Erkrankung
 - Mehrlingsgravidität
 - frühes Gestationsalter (< 34 SSW)
 - An-/Oligohydramnion
 - pathol. sFlt-1/PIGF - Quotient

fetalmedicine.org - Kalkulator



Risk assessment

Preeclampsia risk

Date: 17-11-2017

Gestational age: 13⁺¹ weeks (Measu

Maternal factors

Maternal characteristics

Date of birth: 1987-11-18

Height: 170 cm

Weight: 65 kg

Racial origin: White

Method of conception: Spontane

Smoking during pregnancy: No

Family history of PE: No

Preeclampsia risk from history only

< 32 weeks: 1 in 3333

< 37 weeks: 1 in 263

≥ 37 weeks: 2.3 %

Preeclampsia risk from history plus MAP, UTPI, PLGF, PAPP-A

< 32 weeks: 1 in 10000

< 37 weeks: 1 in 714

≥ 37 weeks: 2.2 %

Recommendation

On the basis of this assessment the patient has been classified as being at low risk for developing PE before 37 weeks.

The risk needs to be reassessed at 20 weeks.

Obstetric history

Nulliparous (no previous pregnancies at ≥24 weeks)

Biophysical measurements

Date of measurement

17-11-2017

Weight

65 kg

MAP

90 mmHg (1.05 MoM)

Mean UTPI

1.2 (0.76 MoM)

Biochemical measurements

Date of measurement

17-11-2017

Weight

65 kg

PLGF

1 MoM

PAPP-A

1 MoM

fetalmedicine.org - Kalkulator



Risk assessment

Preeclampsia risk

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Preeclampsia risk from history only

< 32 weeks: 1 in 3333

< 37 weeks: 1 in 263

≥ 37 weeks: 2.3 %

Preeclampsia risk from history plus MAP, UTPI, PLGF, PAPP-A

< 32 weeks: 1 %

< 37 weeks: 6.8 %

≥ 37 weeks: 13 %

Recommendation

On the basis of this assessment the patient has been classified as being at increased risk for developing PE before 37 weeks. The ASPRE trial has shown that in such women use of low dose aspirin (150mg/night) from now until 36 weeks reduces the incidence of PE before 34 weeks by >80% and PE before 37 weeks by >60%. For more information [click here](#).

... compared to previous pregnancies at 22+ weeks

Biophysical measurements

Date of measurement

17-11-2017

Weight

65 kg

MAP

110 mmHg (1.28 MoM)

Mean UTPI

1.9 (1.21 MoM)

Biochemical measurements

Date of measurement

17-11-2017

Weight

65 kg

PLGF

0.5 MoM

PAPP-A

0.5 MoM

ASPRES Trial: Compliance



Eingenommene Menge 150 mg ASS / Placebo	Anteil der Schwangeren
< 50%	5 %
50-84,9 %	15 %
≥ 85%	80 %